

# Fall 2022 Conference- Shell Beach Presentation



## Why I Love Being a Director: Reclaiming the Meaning and Value of Leading a Counseling Center

This session will engage participants in reflection about the benefits of being a Director, what keeps us engaged and passionate about our work, and what there is to love about this job in a campus environment. We'll also consider our multiple social identities and the context that brings to our roles. Action steps for cultivating meaning and joy will be shared.

Wednesday, 11/16/22 from 9 am -12 pm  
In person attendees only - 3 CEUs available



For virtual session, register to join on zoom



*Andrea Lawson, LCSW*

Director of Counseling Services  
California Polytechnic State University, San Luis Obispo

Andrea Lawson is a clinical social worker with an extensive background in college mental health, serving at four institutions of higher education across the country since 2007. As a therapist, she draws from feminist, narrative, and relational approaches through a multicultural lens.

Andrea enjoys the administrative side of her role as Director of Counseling Services, especially collaborating with colleagues across campus, coordinating with students to 'learn by doing', and finding avenues to cultivate spaces of belonging for students across identity. Ensuring all students have access to quality, culturally-responsive mental health care and services has been a hallmark of her leadership. She recognizes the value of integrated centers that attend to the whole student, and considers wellness across many dimensions.