



“Minding the Brain, Mending the Heart”

OCCDHE Fall Conference 2007

October 10 – 12, 2007

The Cliffs Resort, Shell Beach

WEDNESDAY, OCTOBER 10, 2007

1:00 p.m. - 5:00 p.m.	Conference Registration
1:00 p.m. – 3:00 p.m.	OCCDHE Steering Committee
3:00 p.m. – 5:00 p.m.	Counseling Center Directors’ Caucus Meetings (2 CEUs) <ul style="list-style-type: none">• California State University• Independents• University of California
5:00 p.m. – 6:30 p.m.	Training Directors’ Meeting (1.5 CEUs)
5:30 p.m. – 6:30 p.m.	Intern and Postdoctoral Networking Session
6:30 p.m. – 8:30 p.m.	OCCDHE Fall Conference Opening Banquet (1 CEU) Presenter, Dr. Daniel Amen “Making a Good Brain Great”
8:30 p.m.	All Conference Social Hour

THURSDAY, OCTOBER 11, 2007

7:00 a.m. – 8:30 a.m. **Breakfast**

7:00 a.m. – 8:00 a.m. **Breakfast Meeting for the Multicultural Action Committee**
All are welcome to attend.

8:00 a.m. – 9:30 a.m. **Conference Sessions I (1.5 CEUs)**

Break Out 1 ~ (Supervision Track) *Boundaries: Managing the Ethical Line of Supervision and Practice*

Presenter: Emil Rodolfa

This program will help participants understand the issues of boundaries, boundary crossings and boundary violations. Participants will enhance their ability to respond to the issue of gift-giving, personal disclosure, requests for out of the office contact and issues of sexual attraction in supervision and will improve their ability to help their supervisees respond to those issues.

Break Out 2 ~ *Accessibility and Training Issues for Deaf or Hard of Hearing Trainees at a University Counseling Center*

Presenter: Kell Fujimoto, Psy.D.
San Jose State University

Break Out 3 ~ *Making of a Champion: The Dynamics of Being a Champion – Emotionally, Physically and Athletically*

Presenter: Tracy D. Shaw, Ph.D. & Nicole Green, Ph.D.
University of California, Los Angeles

Elite athletic departments demand top performances of their athletes, unaware of the psychological burden this poses. Two psychologists working with a nationally ranked university athletic program, will explore the challenges, interventions, and multiple roles they serve, in order to inform others intending to do this meaningful yet challenging work

Break Out 4 ~ *Coming Home to the Body: Somatic Awareness and Psychotherapy*

Presenters: Alan T. Maeda, M.A., & Alison E. Bateman, Ph.D.,
California State University, East Bay

This workshop will increase participants' awareness of the role of one's body in the human experience, provide information about somatic awareness, and explore tools for listening to the body as a resource for information as well as healing. This workshop will have a combination of didactic, experiential, and discussion elements.

9:30 a.m. – 9:45 a.m. **Break**

9:45 a.m. – 11:15 a.m. **HeartMath (1.5 CEU)**

11:15 a.m. - 12:00 p.m. **Poster Session**

Conversations on Diversity

The Red Tent

The Role of Social Justice in Counseling Centers – Creating Queerfest at CSUEB

Healthy Helping: Preventing Vicarious Traumatization

Heartmath Software Presentation

11:45 a.m. – 1:00 p.m. **Lunch**

1:00 p.m. – 2:30 p.m. Conference Sessions II (1.5 CEUs)

Break Out 1 ~ *Integrative Supervision*

Break Out 2 ~ *Utilizing Mindfulness Techniques in the treatment of Binge Eating Disorder and Obesity*

Break Out 3 ~ *A Counseling Center's Approach to Helping Students Academically: exCEL – (Experience, Confidence and Enjoyment in Learning)*

Break Out 4 ~ *The Dance Between Building a Just Campus Community and Therapist Self-Care*

2:30 p.m. – 2:45 p.m. Break

2:45 p.m. – 4:15 p.m. Conference Sessions III (1.5 CEUs)

Break Out 1 ~ *Attending to Secondary Trauma in Supervision*

Break Out 2 ~ *Motivating Change in a Short Term Model using Motivational Interviewing*

Break Out 3 ~ *UCR Counseling Center Multi-Prong Approach to the Awareness and Management of Stress*

Break Out 4 ~ *Film, Program and Discussion-Mirrors of Privilege: Making White Visible*

4:15 p.m. – 4:30 p.m. Break

4:30 p.m. – 6:00 p.m. Conference Sessions IV (1.5 CEUs)

Break Out 1 ~ *Dreamwork in Supervision: A Dying Art or a Healing Art*

Break Out 2 ~ *Utilizing EMDR in Brief Therapy with College Students*

Break Out 3 ~ *Get Out: Psychoeducational Game about LGBT Identity Development*

Break Out 4 ~ *Productivity and Wellness: Can they Co-exist?*

6:00 p.m. – 7:00 p.m. Counseling Center Directors' Meeting

7:00 p.m. Dinner Out with Friends and Colleagues

LGBTQ and Allies Dinner, celebrating National Coming Out Day, Steamers (a seafood restaurant) at 7:15 pm. All are welcome. To attend, please contact Brian Reinhardt by noon on Thursday, or simply sign the sheet at the conference registration table. Caravan to the restaurant leaves from the hotel lobby at 7 pm.

FRIDAY, OCTOBER 12, 2007

7:00 a.m. – 8:00 a.m. Breakfast

8:00 a.m. – 9:30 a.m. Conference Sessions V (1.5 CEUs)

 Break Out 1 ~ *BounceBack: A Comprehensive Resilience Based Approach to Student Retention*

 Break Out 2 ~ *Three Boxes: An Art Therapy Intervention to Investigate “Self”*

 Break Out 3 ~ *Noticing What Is Mindfulness in our Personal Experience and Professional Practice*

7:45 a.m. – 11:30 p.m. Assessing and Managing Suicide Risk (6.5 CEUs)
 Presenter: Reina Juarez

11:30 p.m. – 12:30 p.m. Lunch

12:30 p.m. – 3:30 p.m. Assessing and Managing Suicide Risk (continued)