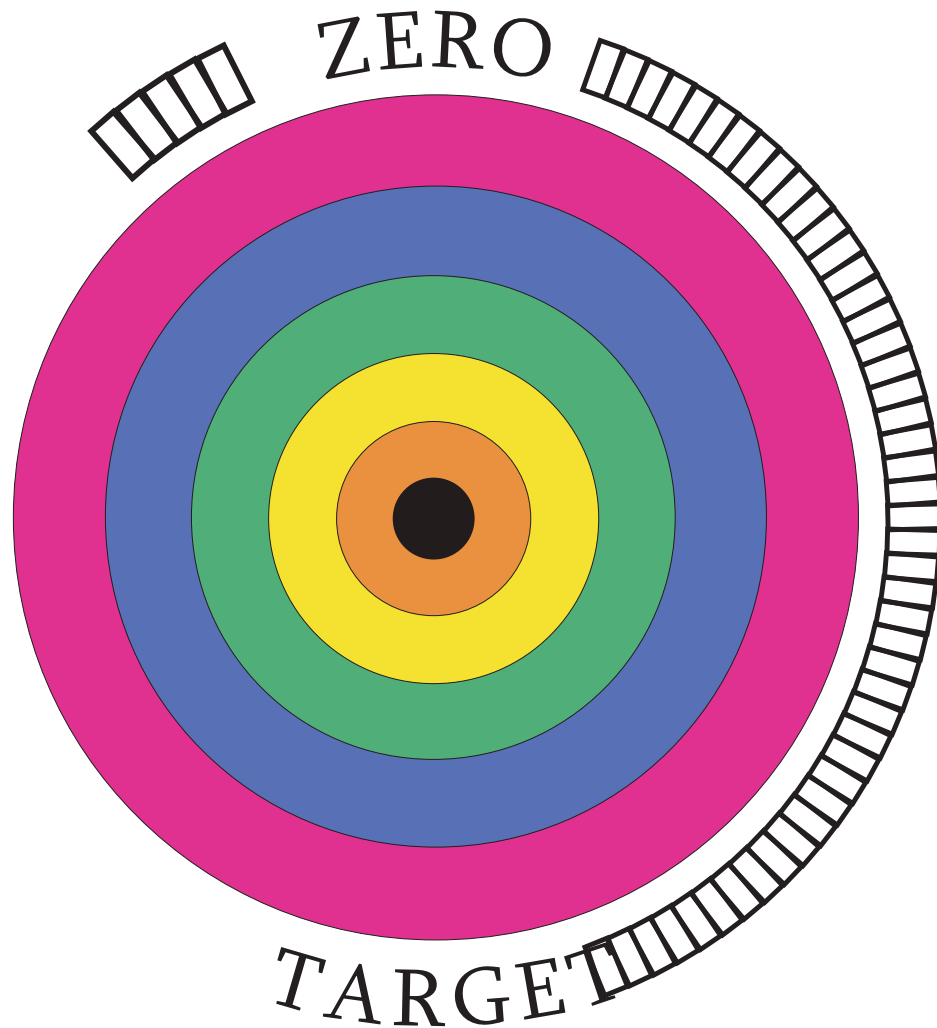


# Self-Defense and Self-Care for the LGBTQ Community




Dealing with physical and emotional dangers.

- An experiential workshop -



January 24, 2004, Saturday  
1:00 - 6:00 p.m. (Free dinner afterward)  
Eldorado Hall (Pioneer Heights)  
For more info call 885-3690

Sponsored by:  Associated Students, Counseling and Psychological Services, CaPS, Department of Public Safety, EXCEL, Housing and Residential Life, Queer-Straight Alliance (QSA)